

[A]+[B]+[C] Schedule for Dr. Robin's School with Coloring Book

[A] schedule is gentle/once a week. [B] schedule is focused/twice a week. [C] schedule is rigorous/3-4 times a week. A checkbox indicates that a lesson **is** part of the schedule. No checkbox indicates that the lesson exists but **is not** part of the schedule. Because the 1 semester curriculum is designed to coordinate with Coloring Book Club, it does not follow the same order as the 1 year curriculum.

Coloring Book Pages	Week #	A	B	C	Lesson	Description
1. Systems of the Human Body	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
2. Human Cells	2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
				<input type="checkbox"/>	Draw a Human Cell	What are the organelles inside a cell and what do they do? And what are organelles anyway?
3. Heart Exterior 5. Circulatory System	3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
			<input type="checkbox"/>	<input type="checkbox"/>	DIY Heart Pump	What does the heart do? How does it do that? Make your own working model!
					Intro to the Heart	What does the heart do and why is it so important?
				<input type="checkbox"/>	Blood and Blood Components	What makes blood red? What else does blood do?
					Taking Good Care of Your Heart	How do our choices affect the heart and how can we help the heart do its job?
6. Lungs In Situ	4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
					Intro to Lungs	What do the lungs do and how do they do it?
			<input type="checkbox"/>	<input type="checkbox"/>	DIY Lungs Model	How do you get air into your lungs? Why do you need a diaphragm?
				<input type="checkbox"/>	Asthma	What is asthma? Why do people use inhalers?
				<input type="checkbox"/>	COPD and Smoking	What can go wrong with the lungs, and why?
7. Digestive System	5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
					GI Overview	How do all the organs of the GI system work together to nourish you?
				<input type="checkbox"/>	The Stomach and What Goes Wrong	Why do we vomit? What are ulcers?
				<input type="checkbox"/>	The Small Intestine	What does a small intestine do and what would happen if it didn't?
			<input type="checkbox"/>	<input type="checkbox"/>	Modeling the GI System	How do the organs of digestion fit together to nourish your body? Make your own model out of clay!

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9. Kidneys and Bladder	6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
			<input type="checkbox"/>	<input type="checkbox"/>	Kidneys and Bladder	
10. Axial Skeleton	7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
			<input type="checkbox"/>	<input type="checkbox"/>	The Skull	What does your skull do for you? More you than might think!
				<input type="checkbox"/>	Muscles of the Facial Expression	The muscles of the face are amazing...see them at work with the help of a little face paint!
				<input type="checkbox"/>	Cleft Lip & Limb Differences	What is cleft lip and what other differences can occur while the body is forming?
11. Bones and Joints	8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
			<input type="checkbox"/>	<input type="checkbox"/>	Intro to Bones	What are the different kinds of bones and what are their jobs?
			<input type="checkbox"/>	<input type="checkbox"/>	Intro to Joints	What the different kinds of joints and what are their jobs?
				<input type="checkbox"/>	Intro to Muscles	What are muscles and how do they allow us to move?
					Chicken Dissection	How is the inside of a chicken like the inside of a human? The answer is: in more ways than you'd think!
14. Eye	9	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
			<input type="checkbox"/>	<input type="checkbox"/>	Intro to the 8 Senses	How did we come up with 8 senses? What are they?
				<input type="checkbox"/>	Interoception	Have you ever wondered how you know when you're hungry? Interoception is the answer!
				<input type="checkbox"/>	Proprioception	How do you know where your fingers are? Find out about the incredible sense of proprioception!
15. Ear	10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
					The Ear and Hearing	How does hearing work and why does it sometimes not?
				<input type="checkbox"/>	Hearing & Vibrations	How do vibrations allow us to hear?
			<input type="checkbox"/>	<input type="checkbox"/>	Vestibular System	What does your inner ear have to do with being dizzy? What is vertigo and why are there rocks in your head?

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16. Skin	11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
					Intro to Skin, Hair, and Nails	What does our skin do? Why is it considered an organ? What are hair and nails?
			<input type="checkbox"/>	<input type="checkbox"/>	Cuts & Bruises	How do we heal? What's the difference between a cut and a bruise?
				<input type="checkbox"/>	UV Damage	Why is it important to protect our skin? And how do we do it?
17. Inside the Mouth	12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
					Inside the Mouth	What are the parts of the mouth and how do they all work together? How does taste actually work, what are the bumps on our tongues, and what is a uvula for?
			<input type="checkbox"/>	<input type="checkbox"/>	Teeth	Why do we have different kinds of teeth and how do dentists count them?
					Mini Activity: Dental Chart	How do dentists fill out dental charts?
				<input type="checkbox"/>	Dental Care	Why do teeth fall out? And why do they stay in? What are cavities and how do braces work?
				<input type="checkbox"/>	The Tongue and Nose	What is taste? How does a stuffy nose affect it?
18. How We Make Speech	13	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
					How We Make Speech	How does speech happen and what areas of the body are involved? (Hint: it's not just the vocal cords!)
19. Brain 20. Brain and Senses 22. Spine and Spinal Cord	14	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
					The Brain	What is the brain and how is it organized?
			<input type="checkbox"/>	<input type="checkbox"/>	Grey and White Matter	Are you using your grey matter? What about your white matter? Learn how they both matter!
				<input type="checkbox"/>	Sleep	We all have to sleep, but why? What are dreams for and how do scientists know? And how can we get better sleep?
					Spine & Spinal Cord	What is the difference between a spinal cord and a spinal column? Why do you need them?

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24. Autonomic Nervous System	15	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coloring Book Club	Attend live session or watch recording and complete the page.
			<input type="checkbox"/>	<input type="checkbox"/>	Inner Brain Health	How do our feelings help us survive, what do we do when they're not that helpful, and where actually are they in our brains and bodies?
				<input type="checkbox"/>	Using the Frontal Lobe	How do we make choices between what we SHOULD do and what we WANT to do, and how do we know what we should do anyway?
				<input type="checkbox"/>	Amygdala	Where does the fight/flight/freeze response come from? Our brains are good at protecting us from bears but not so much from public speaking. Find out why!
	---	Units not included: Endocrine, Immune System, Genetics, Putting it Together, Nutrition, Healthy Choices. If you want to enjoy these units, you have access to the year long version also and can fit them in during the weeks with fewer lessons.				